

# PET FIRST AID CHECKLIST

Trupanion wants to make sure you are ready when your pet needs you, so we've pulled together a list of essential items for your pet first aid kit. Keep the items together in a toolbox or other case and make sure they are easily accessible.

## Suggested Contents of a Pet First Aid Kit

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| <input type="checkbox"/> Latex gloves  | <input type="checkbox"/> Turkey baster, rubber bulb syringe, or dosing syringe to administer fluids | <input type="checkbox"/> Lubricating jelly                     |
| <input type="checkbox"/> Hand sanitizer or wipes   | <input type="checkbox"/> Cotton swabs or cotton balls   | <input type="checkbox"/> Antibiotic ointment                   |
| <input type="checkbox"/> Penlight or flashlight  | <input type="checkbox"/> Instant hot and cold packs   | <input type="checkbox"/> Antiseptic lotion, powder, or spray   |
| <input type="checkbox"/> Tweezers  | <input type="checkbox"/> Nonstick and waterproof adhesive tape to secure bandages                   | <input type="checkbox"/> Alcohol swabs                         |
| <input type="checkbox"/> Blunt-tipped scissors or razor for cutting hair and bandages  | <input type="checkbox"/> Sterile gauze pads and bandages  | <input type="checkbox"/> Grease-cutting dish soap              |
| <input type="checkbox"/> Blanket, muzzle, carrier, or leash to secure your pet   | <input type="checkbox"/> Splints and tongue depressors  | <input type="checkbox"/> Hydrocortisone cream                  |
| <input type="checkbox"/> Water in case of dehydration (A small amount of chicken or beef broth can be added to water to encourage the pet to drink.) | <input type="checkbox"/> Rectal thermometer   | <input type="checkbox"/> Hydrogen peroxide 3%                  |
|  |   | <input type="checkbox"/> Styptic liquid to stop minor bleeding |
|  |   | <input type="checkbox"/> Copy of rabies vaccination            |
|  |   | <input type="checkbox"/> Copy of medical records               |

## Basic First Aid Procedures

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- To be safe, muzzle your pet. Even the most docile pets may bite when in pain, and it is best to be careful. Ask your veterinarian how to tie a muzzle using gauze.
- Press a clean, thick gauze pad over any wounds, and keep pressure over the wound with your hand until the blood starts clotting. Hold pressure for a minimum of three minutes before checking for clotting.
- Keep the pet as warm and quiet as possible.
- If you fear there are broken bones, find a flat surface (like a board or stretcher) that you can use to transport the pet from place to place. It's also a good idea to secure the pet to the surface with a blanket or towel.
- Always remember that any first aid administered to your pet should be followed by immediate veterinary care. First aid care is not a substitute for veterinary care, but it may save your pet's life until it receives veterinary treatment.
- Some veterinary emergency hospitals have ambulances. Call your vet for advice on how to transport an injured animal based on your specific situation.

## Important Phone Numbers

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Veterinarian: \_\_\_\_\_

VET PETS: [800-572-5842](tel:800-572-5842)

ER Veterinary Hospital: \_\_\_\_\_

Other: \_\_\_\_\_



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